



Nursing Education Services

**UHC/AACN NURSE RESIDENCY PROGRAM
CLASS 1**

FACILITATOR: LINDA PEFFLEY-FIRER, RN, MSN, NURSE RESIDENCY PROGRAM COORDINATOR

1230-1300	Overview of NRP & Review of Syllabus Social Media: Avoiding Risk – S. Galloway/L. Peffley-Firer
1300-1400	UHC-NRP Data Collection – 1 st Round – Galloway/Peffley-Firer
1400-1445	Nursing Organization Models & Shared Governance at UVAHS- PNSO Leadership
1445-1500	Break
1500-1630	Stress Management & Self-Care – A. Rebera

LEARNER OUTCOMES:

At the conclusion of this program, participants will be able to:

- State the expectations of participation in the Nurse Residency Program at UVAHS.
- Demonstrate how to access the UHC NRP website to complete the UHC NRP survey
- Relate how Shared Governance compares to other nursing organization models and how it is implemented at UVAHS
- Discuss how social media is used at UVAHS and how to avoid professional risks when posting to social media sites
- Identify indications and sources of stress and discuss methods to mitigate negative effects of stress